



## COVID-19 (Coronavirus) precautions for training courses

As we face constantly changing circumstances related to COVID-19, we'd like to give our assurance we have procedures in place to ensure all training course participants remain as safe and healthy as possible.

## **Participant Screening**

Participants meeting the following criteria will not be admitted into our training courses:

- returned from overseas travel within the last 14 days.
- been in close contact with a confirmed case of COVID-19
- have COVID-19 symptoms. (fever, flu-like symptoms such as coughing, sore throat and fatigue or shortness of breath)

Courses can be rescheduled at no cost if individuals are required to self-quarantine as a result of COVD-19 concerns. Please phone 1300 177 337 to reschedule your course.

## **Control Measures**

We have implemented various control measures across our training classes in response to the current situation.

These measures include:

- Participants required to defer attendance if unwell
- Reducing class numbers in order to maintain current social distancing recommendations
- Encouraging students and staff to wash their hands frequently with soap and water
- Providing hand sanitiser and encouraging students and staff to use it frequently
- Encouraging students and staff to cough or sneeze into the bend of their arm and avoid touching their face
- Providing boxes of tissues and an appropriate place to dispose of them
- Minimising physical contact, (no handshakes, hugging etc.)

## Additional Controls for First Aid / CPR Classes

- All participants required to wear gloves for any practical activities
- Stepping up our santisation with regular deep cleaning of manikins
- Simulation of rescue breaths
- Participants allocated the same mannequin for entire course
- Tasks and simulations modified to ensure minimisation of physical contact
- Surfaces of AED's wiped with alcohol wipes at the end of each class